



# 5 STAR BABIES



LEADERS IN AQUATIC EDUCATION  
ON THE COAST



## BABIES CAN SWIM!

*Our Babies Program is for babies and toddlers from 3 months with three age-appropriate levels catering to the different developing needs of your little one.*

With parent/caregiver as the co-teacher in the pool, in a small friendly group of like-minded parents, your baby will learn through a structured program carefully designed to develop safety, confidence and coordination in the water.

## BENEFITS

- Starting a swimming program early encourages a lifetime of participation and enjoyment in and around water.
- Positive social experiences with peers of same age.
- Develops mobility and coordination
- Learn life saving safety skills
- Enjoy uninterrupted quality time with your little one

## OUR PROGRAM

- Happy, caring, child centred instructors
- Learn through interactive songs, games and activities
- Allows each child to develop at their own pace

## WHAT YOUR BABY WILL LEARN

- Mobility – kicking and paddling skills for propulsion
- Breath Control – allows your baby to submerge and swim underwater independently
- Back floating – an important safety and survival skill
- Safety techniques Eg. Grabbing the wall, monkey walking to safety, climbing out.

## AQUATOT CLASSES

Specifically for graduates of Superbabes. With no more than 3 per class, this class will encourage independence without the parent in the water. 2½ years is a general rule, however, your instructor will advise on your child's individual needs.

### KINCUMBER SWIM CENTRES

**4369 1321**

102 Avoca Drive Kincumber

**4368 2422**

Kerta Road Kincumber

### WYOMING SWIM CENTRE

**4328 4222**

1/11 Brooks Avenue

### ERINA SWIM CENTRE

**4365 0024**

17 Bonnal Road